# Safety Improvements and Training Ltd.



Cradley Enterprise Centre • Maypole Fields Halesowen • West Midlands • B63 2QB Tel: 01384 686039 • Fax: 01384 373291 Email: enquiries@safetyimprovements.co.uk Online: www.safetyimprovements.co.uk

## Safe Use of Ladders.

Duration: Half day.

#### **Course overview:**

In 2003/04, falls from height accounted for 67 fatal accidents at work and nearly 4000 major injuries. They are one of the biggest causes of workplace deaths as well as one of the main causes of major injury.

Ladders are frequently used incorrectly and in some cases the wrong type of ladder can be used, increasing the risk of falls.

### Course content:

Upon completion the delegates will have gained knowledge of:

- What is working at height?
- Legal requirements for complying with the Work at Height Regulations 2005.
- Causes of injuries and avoidance.
- Selecting ladders.
- Inspecting ladders.
- Erecting ladders.
- Practical demonstration.
- Control measures, storage and maintenance.

The training enables the delegates to be competent in the safe use of ladders upon completion.

#### Course booking:

Please contact one of our team for further details, course prices and booking arrangements on 01384 686039.