



Manual Handling Instructors Course.

Duration: Three days.

Course overview:

Manual Handling accidents are not confined to any particular type of work activity. Virtually every workplace will have employees involved in some form of manual handling, and the cost of injuries from poor or careless practice is enormous.

This course is designed to help those businesses who want to train employees to train others, to equip participants with the skills to deliver training effectively, and to provide knowledge to delegates on correct manual handling techniques.

Course content:

Upon completion the delegates will have gained knowledge of:

- Training techniques and classroom control.
- Making training fun and keeping the attention of delegates.
- Practical session to prepare and deliver a training course.
- Definitions, what is manual handling?
- Manual Handling Operations Regulations 1992.
- Typical accidents caused by poor manual handling.
- Kinetic lifting, lifting aids and team lifting.
- Manual Handling Risk Assessment.

Successful completion will prepare delegates to look carefully at their own work activities and contribute to the safer manual handling practice in the workplace.

Course booking:

Please contact one of our team for further details, course prices and booking arrangements on 01384 686039.