



Chartered Institute of Environmental Health (CIEH) Principles of Manual Handling

Duration: Half day.

Course Overview:

This Level 2 accredited qualification introduces candidates to the hazards and risks involved in manual handling and outlines what to expect from a manual handling assessment. It will enable employees to develop safer manual handling techniques in the workplace.

Assessment method: Multiple choice test of 20 questions

Course Content:

Upon completion the delegates will have gained knowledge of:

- What is manual handling?
- Manual handling injuries.
- Causes of injuries.
- Manual Handling Operations Regulations 1992.
- Assessments and Assessors requirements.
- Controls.
- Good handling technique.

Successful completion will prepare delegates to look carefully at their own work activities and contribute to the safer manual handling practice in the workplace.

Course booking:

Please contact one of our team for further details, course prices and booking arrangements on 01384 686039.